

Ice House Skating School Student Benefits

- ⇒ Membership to USFS Basic Skills Program
- ⇒ Evaluations including USFS skating school books* and level badges
- ⇒ Free public session admission on class day
- ⇒ 8 free public session admissions**
- ⇒ Free practice ice for students and their families**
- ⇒ Eligibility to participate in Ice House shows and competitions
- ⇒ 10% Pro Shop merchandise discount (no other discounts apply)
- ⇒ Multiple class discount (10% off additional classes)

* Lost skating school book replacement will be \$5.00

** Skate rental not included

Skate rental for family members on practice ice is \$3.00

Check in at Admissions required for free admission

Class Format

- Classes are 30 minutes in duration (unless otherwise indicated)
- Classes are taught by professional skating instructors
- Class curriculum skills are evaluated at the end of the session
- Class sizes vary based on enrollment, but instructor-student ratio will not normally exceed 12 students.
- Class levels may be combined as needed, in case of low enrollment.
- If only one student attends a class, the student will be taught for only 15 minutes by the class instructor, as this is a private lesson. The skater may remain on the class space and practice.

Make-up Lessons

- Students may use two make-up lessons per class semester.
- Student will make up by attending another lesson of the same or similar level on an alternate class day.
- An additional make-up lesson may be mandated by the Ice House due to an event or canceled class day.
- **Make-up lessons must be taken by the end of the skating school session.**
- **No credit is given for missed lessons, including credit into new semesters.**
- Please obtain a make-up slip from Admissions and present it to your make-up lesson instructor.

USFS Basic Skills Program

- Our Skating School follows **the USFS Basic Skills Program**, designed by U.S. Figure Skating "to be the best beginning ice skating program that serves the needs of both the recreational and the competitive skater."
- Official USFS curriculum and testing
- **Annual student membership (July 1 thru June 30) is required.**

Please dress warmly, including gloves. Socks covering the ankles are recommended. Figure skates are recommended for beginner skaters using rentals.

"PRACTICE MAKES PERFECT"

Practice ice and free public session admissions are provided for practicing your new skills.



Pineville Ice House
Learn to Skate
400 Towne Centre Blvd
Pineville, NC 28134

Skating Resident

PINEVILLE ICE HOUSE



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www.pinevilleice.com

Skating School Director: phone ext. 308

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Learn to Skate CLASSES



SPRING 2010

March 1 thru May 1



Classes for All Ages & Levels

SPRING 2010 SESSION
ENROLLMENT DEADLINE: February 28, 2010

(Next Session begins in May)

LEARN TO SKATE Program

SPRING 2010 SESSION



BEGINNER CLASSES

Never skated before? Never had a lesson?
We offer beginner classes for all ages.
Use this chart to pick your beginner class:

3-5 year olds: **SNOWPLOW SAM 1**
Children 6 years and older: **BASIC 1**
Mature 12 years and older: **ADULT BEGINNER**
Adults: **ADULT BEGINNER**

Skating School Fees

(All fees payable to *Pineville Ice House*)
A signed waiver form is required with enrollment

ENROLLMENT DEADLINE: February 28, 2010

Class enrollment (unless otherwise indicated) **\$98**

8 week session
one 30 min lesson per week

Student Basic Skills Membership **\$13**

Required annual USFS membership
Membership year July 1, 2009 thru June 30, 2010

USFS Skating School Book Replacement **\$5**

Late Fee (for enrollment received after deadline) **\$15**

No late enrollments after 3rd week of classes
School director approval required for later enrollments

DISCOUNTS

Multiple class discount
(10% OFF each *additional* class per family)

TRY-IT LESSON

You can try out a class and pay a walk-on fee for one lesson only
(available only in first 3 weeks of classes and space permitting)
Try-it fees can be applied towards enrollment.

Fees per one lesson: Curriculum class **\$15**
Bridge Class **\$17**

USFS Basic Skills Membership

*Membership in U.S. Figure Skating is required for all students in our Skating School as a participant in the USFS Basic Skills Program.

*Skaters who do not have a current (2009-10) USFS Basic Skills membership will need to pay the annual fee.

*The Basic Skills membership will be renewable every June.

*This membership provides many benefits including a student booklet to help track the skater's progress, eligibility to compete in Basic Skills competitions, and additional liability insurance.

MONDAY CLASSES

March 1 thru April 26

(No classes on April 5 due to the Easter holiday)

Class	Time	Cost	Pre-requisite
Snowplow Sam 1	5:50pm-6:20pm	\$98	
Snowplow Sam 2	5:50pm-6:20pm	\$98	Snowplow Sam 1
Snowplow Sam 3	5:50pm-6:20pm	\$98	Snowplow Sam 2
Basic 1	5:50pm-6:20pm	\$98	
Basic 2	5:50pm-6:20pm	\$98	Basic 1
Basic 3	5:50pm-6:20pm	\$98	Basic 2
Basic 4	5:50pm-6:20pm	\$98	Basic 3
Basic 5	6:50pm-7:20pm	\$98	Basic 4
Basic 6	6:50pm-7:20pm	\$98	Basic 5
Basic 7	6:50pm-7:20pm	\$98	Basic 6
Basic 8	6:50pm-7:20pm	\$98	Basic 7
Bridge (FS 1 & up)	6:20pm-7:20pm	\$120	Basic 8
Adult Beginner	5:50pm-6:20pm	\$98	
Adult Advanced	5:50pm-6:20pm	\$98	Adult 2

Skating School Practice (1/3rd) Ice 6:20pm-6:50pm

SATURDAY CLASSES

March 6 thru May 1

(No classes on April 3 due to the Easter holiday)

Class	Time	Cost	Pre-requisite
Snowplow Sam 1	12:05pm-12:35pm	\$98	
Snowplow Sam 2	12:05pm-12:35pm	\$98	Snowplow Sam 1
Snowplow Sam 3	12:05pm-12:35pm	\$98	Snowplow Sam 2
Basic 1	12:05pm-12:35pm	\$98	
Basic 2	12:05pm-12:35pm	\$98	Basic 1
Basic 3	12:05pm-12:35pm	\$98	Basic 2
Basic 4	12:40pm-1:10pm	\$98	Basic 3
Basic 5	12:40pm-1:10pm	\$98	Basic 4
Basic 6	12:40pm-1:10pm	\$98	Basic 5
Basic 7	12:40pm-1:10pm	\$98	Basic 6
Basic 8	12:40pm-1:10pm	\$98	Basic 7
Bridge (FS 1 & up)	10am-11am	\$120	Basic 8
Figure Eights	9:15am-10am	\$98	Free Skate 2
Adult Beginner	12:40pm-1:10pm	\$98	
Adult Advanced	12:40pm-1:10pm	\$98	Adult 2

Students can skate for free on following public session.

CLASS DESCRIPTIONS

Skating skills take time to master. Many skaters will need more time and practice than one Learn to Skate session to learn the required elements at their level before moving on to the next level. Please focus on the improved skills of the individual skater and remember that additional private lessons are always an option for faster progress.
Happy Skating Always. ☺



SNOWPLOW SAM

- 3-5 year old beginner skaters
- Helmet Required (3-7 year olds)
- Snowplow Sam 1**—first timers (one parent may accompany skater on the ice)
- Snowplow Sam 2**—passed Snowplow Sam 1 class
- Snowplow Sam 3**—passed Snowplow Sam 2 class

BASIC 1

- Introduction of preliminary moves
- Beginner skaters 6 years and older (Mature skaters 12 years and older may prefer the Adult Beginner class)
- Helmet Required (3-7 year olds)
- Helmets strongly recommended for all beginner skaters

BASIC 2-8

- Basic skating knowledge
- Skater must have passed the pre-requisite previous level

FREE SKATE 1-6

- Figure skating skills (jumps, spins, moves)
- Skaters of all ages
- Basic 8 level skills are a pre-requisite for Free Skate 1
- Skater must have passed the pre-requisite previous level

ADULT Beginner

- Beginner skating skills for adults
- Adult 1-2 curriculum is covered

ADULT Advanced

- Continuing basic skating skills for adults
- Adult 3-4 curriculum is covered
- Adult 2 level skills are a pre-requisite for this class
- Adults at the Free Skate level may take Free Skate curriculum or other figure skating classes offered

Advanced Classes

FIGURE EIGHTS

- Original figures of figure skating training
- Focus on control of edges and body alignment
- Class is divided for beginner and continuing figures
- For figure skaters level Free Skate 3 and up

BRIDGE

- 4 skating levels: Free Skate 1-2, Free Skate 3-4, Free Skate 5-6, USFS No Test & up
- Skaters in each of the 4 skating levels spend 15 minutes of the class learning about each of the 4 primary focuses
- Please see the separate flyer for more information